

FULL MOON IN TAURUS



journal prompts



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This full moon is **SUPER POWERFUL** as it is a rare "**Blue Moon**" (you know the saying, "once in a Blue Moon...").

A **Blue Moon** is when there are *two* Full Moons in one month.

The last time we had a **Blue Moon** was March 31, 2018 and the last one on Halloween was back in **1944!**

Also, this moon is called the **Harvest Moon** as farmers are wrapping up their farming season and getting ready for Winter. Like the leaves on the tress, we're **shedding, letting go** and **surrendering** to what is.



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Taurus, ruled by the planet **Venus**, is all about the 5 senses, beauty in all forms, comfort, finances, the throat chakra.

With the sun in **Scorpio**, the sign of sex, rebirth, psychology and legacies, we'll be focusing on **observing** and **balancing** the energies of these two signs:

- What you do // How you feel
- Beauty // Intimacy
- Self-worth + self-esteem // What lies beneath the surface



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Sun opposite Moon (Scorpio // Taurus)

- illuminating what lies beneath the surface, past our comfort zones and what we'd rather leave alone, ugly truths that reveal the beauty of vulnerability

Sun opposite Uranus (Scorpio // Taurus)

- Shocking truths illuminated. Out of the box thinking needed.

Moon conjunct Uranus (Taurus)

- impulsive/impatient, extreme highs & lows,
- shake-up your routine
- sloppy work (*discipline + responsibility are out the window*)
- tensions arise that are long overdue

8 degrees = Scorpio degree (regeneration, endings, mystery)



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**Mercury Retrograde in Libra square Saturn
Capricorn**

- partnerships/authority (*imperfections + flaws*)

-be open-minded not rigid, work out the details to be clear on what's needed before deciding on a plan

(it is Mercury Retrograde, so it's advised not to commit to anything new just yet!)

26 degrees = Taurus Degree (stability, values, worth)



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- What themes have been coming up since the beginning of the month?
- How are you being asked to be more present & patient with yourself at this time? With others?
- Has something "*off-limits*" come up in your personal conversations? Why have you deemed this as such?

***Take a moment to say it out loud and feel where that lives in your body. Allow what comes up to take the mic. Hear it out.*



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- What **ugly** truths have you been called to **witness**? How does that make you feel?
- How can you acknowledge these truths in a way that does not **deplete** you?
- What **boundaries/structure** needs to be put in place to help you at this time? Review what you have in place.
- How can you be a better friend to **yourself**?



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- What are your **spiritual** basic needs? Your **emotional** basic needs?
- How is your emotional/spiritual **foundation** at this time? If shaky, how can you start to **repair** it?
- Do you feel **worthy** and **deserving** of the **unexpected** blessings on their way to you?
- How do you allow yourself to experience **freedom** in your daily life? What can be added for **more flow** and **less force**?



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You don't have to know all the answers, but opening yourself up to pondering these types of questions will **allow** you to experience the answers. Through the experience, you'll learn the answers and will begin to **integrate** them into your life over time.

If you feel called, please share, save, and like this post!

My wish is that this helps you navigate the next 2 weeks and the rest of the year with more clarity and self-awareness.

