

journal prompts



Aries, ruled by Mars, the planet of raw energy and passion, initiation, and willpower. When the Sun is conjunct Moon in Aries, we may feel impulsive, driven by the spark of inspiration. The energy of act now, ask questions later. There's a stellium, more than 3 personal planets, in Aries right now so things are hot and spicy.

The best way forward with this energy is to be **mindful** of your energy so that it doesn't spill out in all directions **burning** others and yourself in the process.

It's a fresh new energy; use it to get things rolling!

22° = Capricorn deg (CRITICAL: ambition, legacy, reputation, hard-work)

#### Sun/Moon in Aries sextile Mars in Gemini

- **Sextiles** have the energy of harmony and ease, but you have to **do the work**. Needs and wants are aligned, ready to **take action**, all you have to do is take the steps necessary to **manifest the inspiration** you are getting. Those ideas cannot materialize on their own. Set the stage, have some fun in the process and **detach** from the outcome.

Come **Taurus** season, you'll be able to **solidify** it more easily for the long-term.

23° = Aquarius Degree ( innovation, community, detachment, logic, internet, technology)

#### Venus/Moon in Aries square Pluto in Capricorn

- Venus makes an exact square to Pluto and the moon will follow soon after. There's an important transformation happening on a soul level with our emotions, inner-most needs, and relationships of all kinds, especially with ourselves. We will be called to commit to the fresh new slate we are given. Use what you've learned and the guidance you have received to begin creating the landscape you desire.

You are responsible for your happiness.

26° = Taurus Degree ( stability, beauty, values, self-worth)





#### **Mercury in Aries trine South Node in Sagittarius**

- There's an **emphasis** on needing to look at our **beliefs** and see how we can be more **adaptable** as we proceed forward. It's okay to **change your mind** when introduced new information. We can receive **past-life** information/confirmation at this time. Your spiritual team will be sending messages also.

We are to rely on our **faith** and trusting the **wisdom** around us to begin to **process** the thoughts we have been receiving.

13° = Aries Degree ( initiate, pioneer, headstrong, inspiration)





#### Saturn in Aquarius Trine North Node in Gemini

- The nodes are meeting up with Saturn in a harmonious aspect which is a **focused** energy. Moving forward requires us to **be patient** as we align with a **community of like-minds** by being our most authentic selves. Don't **limit** yourself out of fear. You'll only **stunt** your growth.

Be **uniquely** and **unapologetically** YOU.
Allow yourself to meditate on what that looks and feels like.

12°= Pisces Degree ( dream, nostalgia, illusion, subconscious healing)

- What downloads/messages have been on repeat in my mind these last 2 weeks?
- What intentions am I setting for this astrological new year?

(April showers bring May flowers...)

- How am I being called to stand in my power at this time?
- What ideas/projects am I looking to commit to & develop in the next 6 months?





- What steps can I take at this time to set the stage for the ideas/projects I want to materialize?
- What kind of environment do I need in order to show up as my highest and best self? What does this include?
- How will I hold myself accountable to stay focused on the goals at hand? How will I delegate tasks?

#### **AFFIRMATION:**

I embrace my uniqueness unapologetically knowing it is safe for me to be ME and in doing so, I will connect with like-minds who truly accept me for me.



You don't have to know all the answers, but opening yourself up to pondering these types of questions will allow you to experience the answers. Through the experience, you'll learn the answers and will begin to integrate them into your life over time.

## If you feel called, please share, save, and like this post!

My wish is that this helps you navigate the next 2 weeks and the rest of the year with more clarity and self-awareness.







Additional Message







#### WISE DECISIONS

At some point, you must go from seeking advice to making your own decisions. Do your own research, Weigh out the pros and cons but also understand all decisions come with consequences. *Choose wisely*.





#### **Additional Message:**

You have to **trust your gut**. It's time to **separate** from the pack and venture out on your **own** path. It does not mean you have to do it all alone, but you cannot **depend** on others to show you the way. Look within, **listen** to your **inner voice**.

What is the next **best** step you can take?

More than likely you've been in a **similar situation** like this before. What can you use from your own experiences to help **strengthen** your **confidence**?

